

# Anatomy of a Brainy Mealtime

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## Nutrition for brain injury in children

An acquired brain injury (ABI) is often caused by an accident involving a head injury, or a stroke, or infection. This diagnosis may have long-term effects for the child and their family. Issues with movement, learning, and behavioural can create lifelong functional and health challenges. In order for children with ABI to achieve the highest level of function and participation in the community, it is essential to provide accessible and targeted health care.

We want to investigate how children with ABI grow, move, feel, play and learn. This will help us to understand their health outcomes, and to co-design a survey that will inform the development of targeted nutrition programs.



Pictured: Suzanne Harte

## Our questions for you

1. What health services are used by children with ABI in Queensland?
2. How does ABI effect a child's nutrition intake, eating behaviour and health outcomes over time?
3. What are barriers do children with ABI and their families face when accessing health care services?
4. How do services received impact the child's health, education, play with other children, and family functioning?

## Future involvement opportunities

- Who:** Children with acquired brain injury, their caregivers, and clinicians.
- What:** We want to partner with consumers and community to develop nutrition programs for children with ABIs.
- When:** 4 October 2022 – 31 May 2023.
- Where:** At the University of Queensland, Herston Campus.
- How:** In-person interviews and/or focus groups at the. You will receive information about research activities and participate in consultation activities to co-design the research study. Some remuneration is available for project co-design activities and attendance at interviews, focus groups and/or providing emailed feedback on documents such as information sheets.
- Why:** To ensure this project focuses on effective implementation strategies valued by children and families affected by ABI. Understanding how these families use health services for ABI in childhood will help us plan programs in the future.



Scan the QR Code to get in touch with the Suzanne about consumer involvement on this project.

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Child Health Research Centre

*I acknowledge the Traditional Custodians of the land where I work and live. I pay respect to Elders past, present and emerging.*

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