

Have you experienced a broken bone from a road traffic accident?

Or are you a family member or carer of someone who has? We need your help to co-design an inpatient physiotherapy treatment approach.

THE PROJECT

We are adapting a physiotherapy treatment that combines exercise with stress reduction to a hospital ward setting.

We need input from patients and families/carers to ensure our adapted treatment would work in this setting.

WHO CAN PARTICIPATE

We are looking for:

- People who have had a broken bone in a road traffic accident that required a stay in hospital, and/or
- Family members or carers of someone who has had such an injury

BENEFITS

- You will be paid \$234 for each attended workshop




WHAT IS INVOLVED?

- 5 x 2-hour co-design workshops, each about 3 weeks apart
- Attendance can be in-person or online
- Workshops will involve group discussion on how to best adapt a physiotherapy treatment approach from an 'outpatient' clinic setting to an 'inpatient' hospital ward setting

GET INVOLVED

For more information or to register your interest, visit the RECOVER website, scan the QR code below, or contact Dr. Scott Farrell or Dr Jessica Formosa.

 recover.centre.uq.edu.au/stressmodex-for-inpatient-care-following-orthopaedic-road-trauma

 scott.farrell@uq.edu.au

 j.formosa@uq.edu.au



This project has been approved by Metro North Human Research Ethics Committee [Approval No. HREC/2025/MNH/118626].